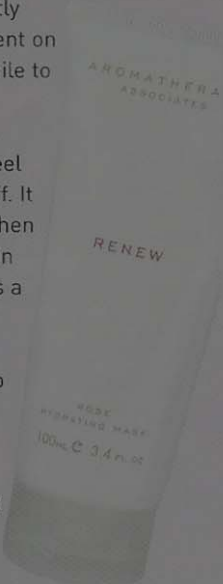


Aromatherapy Associates Weleda

Renew Rose Hydrating Mask, £25

They say: A fast acting, rehydrating gel with moisturising, soothing and regenerating properties. Enhances radiance and vitality

We say: This was a relatively good mask, although it did smell slightly strong on application. It went on quite thickly and took a while to dry completely. I was a bit disappointed to find that it wasn't the type that you peel off – instead you wash it off. It came off quite easily and then I had to apply toner. My skin did feel softer and perhaps a touch more radiant but no huge difference. No-one stopped me in the street to point out my glowing skin! So all in all, nice but if you're looking for something straightforward and not too fiddly this is probably not for you.



Almond Facial Masque, £6.50

They say: Pleasantly relaxing Almond Facial Masque helps rebalance sensitive and dry skin

We say: As a person whose skin often reacts badly to many types of face care, even those marked for sensitive skin, I was quite wary about testing this mask. But I needn't have worried. The all-natural ingredients meant that I could keep it on for the recommended amount of time without irritation, and it left my face feeling clean and silky smooth. The price of the mask is very attractive too and means you can afford to use it every week as part of your cleansing routine. It's great to have finally found a face mask I can actually use – it will definitely be a part of my skin care routine from now on!



Dead Sea Treasures

Mud Masque, £9.99

They say: The masque restores your skin with essential minerals. It invigorates the skin, cleansing deeply

We say: The packaging of this mask is rather attractive; a pale pink tube and box with grey and silver accents. The product itself is a thick grey paste, packed with mud and water from the Dead Sea and was smoothed on easily, drying surprisingly fast. My face felt very tingly while I had it on, and after washing it off, my skin was clean, but a little sore and red in some places. This is an effective product, but better suited to really oily skin, rather than combination or sensitive complexions.



Tried and Tested... face masks

Need a beauty boost? Try a face mask targeted to your skin type to nourish and pamper in minutes. Here are some of our favourites

Trilogy

Rosehip Oil Purifying Masque, £15.95

They say: An essential weekly treatment for dull, tired or damaged skin. Contains regenerative extracts of rose geranium and witch hazel to help reduce the effects of the ageing process

We say: Seeing as my skin has been looking a little worse for wear as of late I thought I'd give this botanical facial mask a go! It smelled flowery and, being a sensitive-skinned lass, I was pleased to see it contains no artificial fragrances and is animal-friendly too. Although it tightened my pores my skin wasn't left soft or smooth, but it leave me with a healthy afterglow! I would use this again as a special treat due to the price, but the jar is quite small so wouldn't last too long.

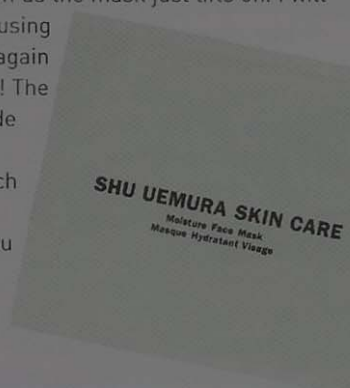


Shu Uemura Skin Care

Moisture Face Mask, £30 for eight

They say: Hydrates, repairs and refreshes the skin. It also stimulates blood circulation and contain rosemary and lavender for a relaxing treat

We say: Possibly the most entertaining face mask I've ever used, and also one of the best. Simply drape it over your face, relax for ten minutes and try not to scare relatives or pets with your new 'scream' mask appearance. Despite appearances, though, it smells gorgeous, and left my skin feeling soft and fresh. The added bonus is that you don't need to wash the product off as the mask just lifts off. I will definitely be using this product again – it's brilliant! The only down side would be the price, but each mask is kept fresh until you use it in its individual packet.



The Organic Pharmacy

Flower Petal Deep Cleanser & Mask, £18.95

They say: A deep cleansing product with oats, clay, milk and flowers to lift off deep dirt, impurities and dead skin to brighten the complexion and balance skin tone

We say: I particularly liked the fact that you can make up a fresh treatment every time you use this product and because the product starts life as a powder it is less likely to dry out. What would have been handy would have been to have a small measuring spoon and a petri dish to mix it up in though - however the lid was a good substitute. It smelled delicious and didn't irritate my skin at all. It washed off easily without leaving any residue and left my skin feeling very soft and refreshed. I think with regular use the difference to your skin would be visible so I would continue to use this.



THE BEST OF THE REST

• Dr Hauschka Rejuvenating Face Mask, £25 • Ahava Purifying Mud Mask, £15 • E'SPA Firming Face Mask, £37.50 • Phytomer Moisture Quench Mask, £13.95 • Gatineau Laser Energising Mask, £28 • Mary Cohr Youthful Radiance Mask, £17.50 • Heaven Deep Cleansing and Firming Mask, £28.95 • The Sanctuary Mint & Rosemary Mask, £7.50